

# Middle & High School Menu February



Questions or Comments?  
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 General Manager of Foodservice  
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## DAILY SELECTIONS DAILY SELECTIONS

Fresh Fruit and Vegetable Bar  
 Assorted Low Fat Milk  
 Hamburger or Cheeseburger  
 Spicy Chicken Sandwich  
 Pepperoni Pizza



This institution is an equal opportunity provider.

## Sticker Tray Wednesdays

Every Wednesday in February come get a full breakfast meal and have a chance to get the lucky tray!! Get the lucky tray and win the prize of the day!

### Monday



### Tuesday



### Wednesday



### Thursday

**1 Breakfast**  
 Ham Big Bite or Cinnamon Roll  
**Lunch**  
 Deli Bar  
 Chicken Nuggets or Chicken Tenders  
 Orange Chicken or Chili Garlic Chicken

### Friday

**2 Breakfast**  
 Pancake & Sausage Wrap or Blueberry Parfait  
**Lunch**  
 Ravioli or Lasagna Nacho Bar  
 Country Fried Steak or Breaded Catfish Strips

**5 Breakfast**  
 Breakfast Burrito or Bean & Cheese Tacos  
**Lunch**  
 Meatball Sub or Chicken Parmesan Sub  
 Taco or Tostada Bar  
 Beef Fingers or Chicken Nuggets

**6 Breakfast**  
 Sausage Big Bite or French Toast Sticks  
**Lunch**  
 Deli Bar  
 Chicken Tenders or Country Fried Steak  
 Bacon Cheeseburger or Corn Dog

**7 Breakfast**  
 Chicken Biscuit or Double Berry Parfait  
**Lunch**  
 Hot Soup Bar  
 Breaded Catfish Strips or Beef Fingers  
 Nacho Bar

**8 Breakfast**  
 Sausage Muffin Sandwich or Blueberry Muffin  
**Lunch**  
 Deli Bar  
 Chicken Nuggets or Chicken Tenders  
 Beef & Broccoli or Sweet & Sour Chicken

**9 Breakfast**  
 Breakfast Pizza or Cinnamon Roll  
**Lunch**  
 Pepperoni or Cheese Calzone  
 Country Fried Steak or Breaded Catfish Strips  
 Nacho Bar

**12 Breakfast**  
 Sausage Biscuit or Blueberry Muffin  
**Lunch**  
 Taco or Tostada Bar  
 Beef Fingers or Chicken Nuggets  
 Chicken & Waffles or Grilled Cheese & Soup

**13 Breakfast**  
 Pancake & Sausage Wrap or Very Berry Parfait  
**Lunch**  
 Deli Bar  
 Chicken Tenders or Country Fried Steak  
 Mini Corn Dogs or Chicken Patty w/ Cheese

**14 Breakfast**  
 Breakfast Quesadilla or Cinnamon Roll  
**Lunch**  
 Hot Soup Bar  
 Breaded Catfish Strips or Beef Fingers  
 Taco or Tostada Bar

**15 Breakfast**  
 Breakfast Burrito or Sausage Muffin Sandwich  
**Lunch**  
 Deli Bar  
 Chicken Nuggets or Chicken Tenders  
 Orange Chicken or Chili Garlic Chicken

**16 Breakfast**  
 Pig in a Blanket or French Toast Sticks  
**Lunch**  
 Mac & Cheese or Beefy Rotini  
 Country Fried Steak or Breaded Catfish Strips  
 Nacho Bar



**20 Breakfast**  
 Breakfast Pizza or Cinnamon Roll  
**Lunch**  
 Deli Bar  
 Chicken Tenders or Country Fried Steak  
 Hot Dog or Chili Dog

**21 Breakfast**  
 Sausage Big Bite or French Toast Sticks  
**Lunch**  
 Hot Soup Bar  
 Breaded Catfish Strips or Beef Fingers  
 Nacho Bar

**22 Breakfast**  
 Ham & Cheese Biscuit or Blueberry Muffin  
**Lunch**  
 Deli Bar  
 Chicken Nuggets or Chicken Tenders  
 Pork or Beef Fried Rice

**23 Breakfast**  
 Sausage & Cheese Muffin or Breakfast Burrito  
**Lunch**  
 Deli Bar  
 Country Fried Steak or Breaded Catfish Strips  
 Nacho Bar

**26 Breakfast**  
 Sausage & Cheese Biscuit or French Toast Sticks  
**Lunch**  
 Breakfast for Lunch Nacho Bar  
 Beef Fingers or Chicken Nuggets

**27 Breakfast**  
 Breakfast Pizza or Blueberry Muffin  
**Lunch**  
 Deli Bar  
 Chicken Tenders or Country Fried Steak  
 Turkey Melt or Grilled Ham & Cheese

**28 Breakfast**  
 Biscuits & Gravy or Breakfast Burrito  
**Lunch**  
 Hot Soup Bar  
 Breaded Catfish Strips or Beef Fingers  
 Taco or Tostada Bar

Menu is subject to change.

Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast

Breakfast Meal Price: Paid \$1.60 / Reduced \$0.30    Lunch Meal Price: Paid \$2.70 / Reduced \$0.40    Adult Meal Price: \$3.60