

Middle & High School Menu February



Questions or Comments?
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 General Manager of Foodservice
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DAILY SELECTIONS DAILY SELECTIONS

Fresh Fruit and Vegetable Bar
 Assorted Low Fat Milk
 Hamburger or Cheeseburger
 Spicy Chicken Sandwich
 Pepperoni Pizza



This institution is an equal opportunity provider.

Sticker Tray Wednesdays

Every Wednesday in February come get a full breakfast meal and have a chance to get the lucky tray!! Get the lucky tray and win the prize of the day!

Monday



Tuesday



Wednesday



Thursday

1 Breakfast
 Ham Big Bite or Cinnamon Roll
Lunch
 Deli Bar
 Chicken Nuggets or Chicken Tenders
 Orange Chicken or Chili Garlic Chicken

Friday

2 Breakfast
 Pancake & Sausage Wrap or Blueberry Parfait
Lunch
 Ravioli or Lasagna Nacho Bar
 Country Fried Steak or Breaded Catfish Strips

5 Breakfast
 Breakfast Burrito or Bean & Cheese Tacos
Lunch
 Meatball Sub or Chicken Parmesan Sub
 Taco or Tostada Bar
 Beef Fingers or Chicken Nuggets

6 Breakfast
 Sausage Big Bite or French Toast Sticks
Lunch
 Deli Bar
 Chicken Tenders or Country Fried Steak
 Bacon Cheeseburger or Corn Dog

7 Breakfast
 Chicken Biscuit or Double Berry Parfait
Lunch
 Hot Soup Bar
 Breaded Catfish Strips or Beef Fingers
 Nacho Bar

8 Breakfast
 Sausage Muffin Sandwich or Blueberry Muffin
Lunch
 Deli Bar
 Chicken Nuggets or Chicken Tenders
 Beef & Broccoli or Sweet & Sour Chicken

9 Breakfast
 Breakfast Pizza or Cinnamon Roll
Lunch
 Pepperoni or Cheese Calzone
 Country Fried Steak or Breaded Catfish Strips
 Nacho Bar

12 Breakfast
 Sausage Biscuit or Blueberry Muffin
Lunch
 Taco or Tostada Bar
 Beef Fingers or Chicken Nuggets
 Chicken & Waffles or Grilled Cheese & Soup

13 Breakfast
 Pancake & Sausage Wrap or Very Berry Parfait
Lunch
 Deli Bar
 Chicken Tenders or Country Fried Steak
 Mini Corn Dogs or Chicken Patty w/ Cheese

14 Breakfast
 Breakfast Quesadilla or Cinnamon Roll
Lunch
 Hot Soup Bar
 Breaded Catfish Strips or Beef Fingers
 Taco or Tostada Bar

15 Breakfast
 Breakfast Burrito or Sausage Muffin Sandwich
Lunch
 Deli Bar
 Chicken Nuggets or Chicken Tenders
 Orange Chicken or Chili Garlic Chicken

16 Breakfast
 Pig in a Blanket or French Toast Sticks
Lunch
 Mac & Cheese or Beefy Rotini
 Country Fried Steak or Breaded Catfish Strips
 Nacho Bar



20 Breakfast
 Breakfast Pizza or Cinnamon Roll
Lunch
 Deli Bar
 Chicken Tenders or Country Fried Steak
 Hot Dog or Chili Dog

21 Breakfast
 Sausage Big Bite or French Toast Sticks
Lunch
 Hot Soup Bar
 Breaded Catfish Strips or Beef Fingers
 Nacho Bar

22 Breakfast
 Ham & Cheese Biscuit or Blueberry Muffin
Lunch
 Deli Bar
 Chicken Nuggets or Chicken Tenders
 Pork or Beef Fried Rice

23 Breakfast
 Sausage & Cheese Muffin or Breakfast Burrito
Lunch
 Deli Bar
 Country Fried Steak or Breaded Catfish Strips
 Nacho Bar

26 Breakfast
 Sausage & Cheese Biscuit or French Toast Sticks
Lunch
 Breakfast for Lunch Nacho Bar
 Beef Fingers or Chicken Nuggets

27 Breakfast
 Breakfast Pizza or Blueberry Muffin
Lunch
 Deli Bar
 Chicken Tenders or Country Fried Steak
 Turkey Melt or Grilled Ham & Cheese

28 Breakfast
 Biscuits & Gravy or Breakfast Burrito
Lunch
 Hot Soup Bar
 Breaded Catfish Strips or Beef Fingers
 Taco or Tostada Bar

Menu is subject to change.

Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast

Breakfast Meal Price: Paid \$1.60 / Reduced \$0.30 Lunch Meal Price: Paid \$2.70 / Reduced \$0.40 Adult Meal Price: \$3.60